



National Farmers Union – Ontario NEWSLETTER

Strong Communities.
Sound Policies.
Sustainable Farms.

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Join us for the NFU-O AGM

The power of food: how to build community in the 21st century

Join us February 21-23 at the Gibson Centre - 63 Tupper Street West, Alliston, for the NFU-O's annual convention and AGM. This year, we're focusing on community. Farmers, more than any other industry, rely on our neighbours for advice on the best seeds to plant in our area, assistance when the cows get out, and support during injuries or illness. We also rely on the community of microorganisms that make up healthy soils.

Thursday evening, join us for *The Power of Food: How to Build Community in the 21st Century* with Tamer Soliman about how we can regain a sense of community in "the age of loneliness" through food, farms and farmer markets. During this talk, Tamer will share research and personal experiences related to building sustainable communities and the impact this has on both our individual health and the health of our society as a whole. Tamer will also screen his film *The Great Disconnect* which uncovers why, in a world seemingly more connected than ever before, people are feeling more and more socially isolated – and the true cost this has on our lives and communities. This documentary invites us to reflect on the relationships we have with those around us and raises the question: is it possible to overcome our modern culture of disconnectedness and rediscover how truly essential we are to one other?

On Friday, we'll hear from Ruth Knight, who has 30 years of experience working with rural community and farm organizations in Ontario. She will be exploring the role of soil health as it relates to community building and mitigating

climate change. We will also hear reports from the NFU-O Board, hold elections, and host debates on policy resolutions.

For more information or to book tickets, visit <https://nfontario.ca/new/2019-agm-convention/> or call 1-888-832-9638.

GROWING SUSTAINABLE COMMUNITIES

Region 3 Convention & NFU-O AGM

FEB 21-23, 2019 | Alliston, ON







THURSDAY	FRIDAY	SATURDAY
<p>7:30PM - Keynote with Tamer Soliman & Social Tickets: \$10 advance, \$15 at door, \$10 fixed for youth 25 & under!</p>	<p>9AM-5PM - NFU-O Convention & AGM including Community Building & Soil Health with Ruth Knight! Tickets: TBD</p>	<p>10:30AM- Farm Tour Tickets: TBD</p>

Coming Events

Renfrew County Local 330 – Annual General Meeting is Monday, February 4, 7:30 p.m. at the Barr Line Community Centre. A speaker will make a presentation on the proposed changes to seed varietal development funding - Seed Synergy. Everyone is welcome.

Perth Oxford Local 341 – Pam Megens' home, 2877 Road 119 (Hwy 7), St. Marys area. All members are welcome and encouraged to attend. For more information call Andy at 519-284-3199.

Other Local AGMs

- Local 306 Elgin – January 26
- Local 318 Leeds, Grenville – January 30
- Local 328 Lambton – February 16
- Local 334 Hastings, Prince Edward, Northumberland – January 30
- Local 340 Wellington, Waterloo – February 13
- Local 345 Durham, Peterborough, Victoria – February 3

A subscription to *The Rural Voice* is one of the benefits of being an NFU-O member