

## For Earth's Sake – and Ours!

2010 Earth Day message from Chris Dancey

My father died on **Earth Day** in 2007. He was 93, so he certainly had quantity of life. Sadly, for the last three years the quality of his life was greatly diminished, because he suffered from **Multiple Chemical Sensitivity**.

I promised my father that his suffering would not be in vain and that I would continue to try to educate people about the use of toxic & carcinogenic products.

I have done this in many ways, including the showing of the documentary **Chemical**. I feel, however, that the industries that are poisoning us are winning through their advertising. In North America only commercial products must list their ingredients. You may be surprised that many household and personal care products contain chemicals that are known to make us ill. It's legal – so industries use them.

This message is going to over 100 earth-loving people that I hope will:

- Be well-informed and share their knowledge
- Help create fragrance-free and chemical-safe homes, workplaces and communal facilities, such as schools and nursing homes.
- Organize a showing of **Chemical**
- Vote for change when you purchase products
- Support safe, locally made products, rather than multinational companies
- Share this e-mail

For up-to-date information, you can search the Internet using the following groups of words:

- 1) multiple chemical sensitivity
- 2) toxic injury
- 3) sick building syndrome
- 4) environmental illness
- 5) health risks from fragrance
- 6) health risks from fabric softeners
- 7) chemicals during pregnancy
- 8) chemicals in baby products
- 9) chemicals in personal care products
- 10) chemicals in household products

This link will take you to a list I created call **Ten Tips to Help You Choose and Use Safer Products for Household Cleaning**.

<http://www.nfuontario.ca/upload/files/userfiles/10%20Tips%20for%20Choosing%20Safe%20Products.pdf>

I will be grateful for every effort you make and I wish you both quantity & quality of life.

Chris